



Patient Information:

Date: _____

Name (First, Middle, Last): _____

Preferred Name: _____ Birthdate: _____ Sex: Male Female

Phone #: Home _____ Mobile _____ Work _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

(Email Address is used for Birthday Cards, Special Events, and Periodic Newsletters. Information is never given out)

Employer: _____ Occupation: _____

Emergency Contact: _____ Relation: _____ Phone #: _____

How did you hear about us? Activator Site ICPA Website Internet Sign Other _____
 Referred by Friend/Family _____

Women:

Are you pregnant? Yes No Are you taking birth control? Yes No

Do you have irregular cycles? Yes No Are you nursing? Yes No

Do you experience painful periods? Yes No Do you have breast implants? Yes No

Infants:

Normal Delivery C-section Delivered by: OBGYN Midwife Normal APGAR Scores at birth? Yes No

Breast fed Bottle fed Both Latching Difficulties? Yes No How often having bowel movement? _____

Does child seem to have equal range of motion with neck? Yes No

Does baby flinch with touch or arch back? Yes No

Complaints: Colic Constipation Reflux Ear Infections Constantly Sick Other _____

Goals for your care:

People see a chiropractor for a variety of reasons. Some go for relief of pain, some to correct the cause of pain and others for correction of whatever is malfunctioning in their body. Your doctor will weigh your needs and desires when recommending your care program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

I want the Doctor to select the type of care appropriate for my condition

Relief care: Symptomatic relief of pain or discomfort.

Corrective care: Correcting and relieving the cause of the problem as well as the symptom

Comprehensive care: Bring whatever is malfunctioning in the body to the highest state of health possible with Chiropractic Care

Chiropractic Experience:

Have you ever been adjusted before? Yes No If yes, Why? _____

Which technique did they use? Manual Manual with drop pieces Activator Other Instrument Upper Cervical
 Other _____

Reason for this Visit:

What brought you in today? Auto Accident Pain/Discomfort Wellness Care/Maintenance Care

Describe symptoms: _____

How would you describe the pain/discomfort (dull, achy, sharp, throbbing, etc.)? _____

Does the pain/discomfort: stay in one spot travel to another location _____

When did this concern begin? _____ Has it: Gotten Worse Stayed Constant Come and gone

How would you rate discomfort on scale of 1-10 (1 is no pain, 8 is childbirth, 10 pain so bad about to lose consciousness)

Current Level _____ At its worst _____ At its best _____

Have you seen other doctors for this concern? Yes No Treatment Received _____

When is the pain at its worst? Morning Mid-day Evening Night Worse with activity

What activities (walking, bending, carrying, etc.) make it feel worse? _____

What activities (walking, bending, carrying, etc.) make it feel better? _____

Patient Social:

| | | | |
|---------------------|---|--------------|---|
| Water: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never | Soft Drinks: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never |
| Exercise: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never | Caffeine: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never |
| Homemade Food: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never | Alcohol: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never |
| Processed: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never | Tobacco: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never |
| Diet Food Products: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never | Drugs: | <input type="checkbox"/> Daily <input type="checkbox"/> Weekly <input type="checkbox"/> Occasionally <input type="checkbox"/> Never |

Personal Incident History:

Broken Bones: Yes No Treatment: Yes No Explain: _____

Sprains/Strains: Yes No Treatment: Yes No Explain: _____

Hospitalized: Yes No Explain: _____

Surgery: Yes No Explain: _____

Auto Accident: Yes No Treatment: Yes No Explain: _____

Struck Unconscious: Yes No Treatment: Yes No Explain: _____

Eating Disorder: Yes No Explain: _____

Stroke: Yes No Explain: _____

Personal Health History:

Current Conditions (mark all that have apply currently or in the last 3 months):

- | | | | | |
|---|---|--|---|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Anemia | <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Back Pain | <input type="checkbox"/> Breast Lump | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> Bruise Easily |
| <input type="checkbox"/> Cancer (ever had) | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Cold Extremities | <input type="checkbox"/> Constipation | <input type="checkbox"/> Cramps |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Digestion Problems | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Excessive Menstruation |
| <input type="checkbox"/> Eye Pain or Difficulties | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Headache | <input type="checkbox"/> Hemorrhoids |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Hot Flashes | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Irregular Heart Beat | <input type="checkbox"/> Irregular Menstrual |
| <input type="checkbox"/> Kidney Infection | <input type="checkbox"/> Kidney Stones | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Loss of Memory | <input type="checkbox"/> Loss of Smell |
| <input type="checkbox"/> Loss of Taste | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Pacemaker | <input type="checkbox"/> Polio (ever had) | <input type="checkbox"/> Poor Posture |
| <input type="checkbox"/> Prostate Trouble | <input type="checkbox"/> Sciatica | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Sinus Infection | <input type="checkbox"/> Spinal Curvatures |
| <input type="checkbox"/> Stroke (ever had) | <input type="checkbox"/> Swelling of Ankles | <input type="checkbox"/> Swollen Joints | <input type="checkbox"/> Thyroid Condition | <input type="checkbox"/> Tuberculosis (ever had) |
| <input type="checkbox"/> Ulcers | <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Venereal Disease | | |

Current Medications: _____

Current Supplements: _____

